

Spring/Summer 2012

## Free Information Sessions

### Bariatric Surgery and Weight Loss

Learn about the tools you need to achieve your weight-loss goals.

#### Dates & Start Times:

Wednesday, April 18.....5:30 to 7 p.m.

Wednesday, May 9 ..... 5:30 to 7 p.m.

Wednesday, June 13 ..... 5:30 to 7 p.m.

#### Location:

Sparrow Michigan Athletic Club  
Wimbledon Room  
2900 Hannah Boulevard, East Lansing



### Bariatric Surgery and Weight Loss

Mindy Lane, DO

## Monthly Fibromyalgia Educational Programs

Learn about fibromyalgia and various treatment options. Friends and family members (excluding young children) are also welcome. Please refrain from using scented personal care products of any kind.

#### Start Time:

All workshops held from 6:30–8 p.m.

#### Location:

Sparrow Professional Building  
1200 East Michigan Avenue, Lansing

#### Information and Registration:

Contact Jennifer Isenhath at 517.364.5314 to register. Notice of cancellation is appreciated.



Thursday, April 19

### Medical Explanation of Fibromyalgia and Medical Treatment

(Conference Room C)  
Sankar Nair, MD



Wednesday, May 9

### How Physical Therapy Rehabilitation Can Help Fibromyalgia

(Conference Room A)  
Jeanne King  
Physical Therapist

# Sparrow Physician Speaker Series

To register, call **1.800.Sparrow** (1.800.772.7769) or visit **sparrow.org** and click on “events”.

## Lunch with a Doctor

Enjoy a healthy meal before listening to a physician-led presentation that's followed by a question-and-answer period. Lunch with a Doctor programs are \$10 for LifeTime members, \$15 for non-members, payable at the door (cash or check). Registration opens one month prior to the event and closes one week prior to the event. Notice of cancellation is appreciated.

**Start Time:** Lunches are served at 11 a.m. and are followed by presentations that last approximately one hour.

**Location:** Kellogg Hotel and Conference Center, Lincoln Room, 55 South Harrison Avenue, East Lansing



Thursday, April 19

### Living With Back Pain

Narasimha  
Gundamraj, MD



Thursday, May 24

### Rheumatoid Arthritis

Monika Mohan, MD, MPH



Friday, June 22

### Different Strokes for Different Folks

Syed Hussain, MD

## Free Evening Programs

Attendees of our free evening programs are invited to take a free tour of the MAC and receive a one-week free pass to the MAC.

**Start Time:** All sessions begin at 6:30 p.m. and last approximately one hour.

**Location:** Sparrow Michigan Athletic Club, Wimbledon Room, 2900 Hannah Boulevard, East Lansing



Wednesday, April 11

### Managing the Pain of Migraine Headaches

Amit Masih, MD



Wednesday, April 25

### Options for Total Shoulder Replacement

Mark Davis, DO



Wednesday, May 2

### Fixing Broken Hearts at Sparrow Hospital

Ara Pridjian, MD



Wednesday, May 16

### ACL Injury and Prevention. What Do We Really Know?

Michael McDermott, MD



Wednesday, May 23

### The Headache Dilemma: Treatment is Simpler Than People May Think

Edmund Messina, MD



Wednesday, June 6

### Non-Invasive Treatments for Hand and Elbow Conditions

Abdalmajid Katranji, MD

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